



PRE-OPERATIVE INSTRUCTIONS

Take any regularly prescribed medication as directed the day of surgery with as little water as possible, unless advised otherwise by your doctor.

1. **DO NOT EAT OR DRINK ANYTHING FOR AT LEAST 6 HOURS BEFORE SURGERY.** Including water and coffee.
2. Please be accompanied by a responsible adult who will be prepared to drive you home, and care for you the day of the surgery. **YOUR DRIVER MUST REMAIN IN THE RECEPTION AREA DURING YOUR ENTIRE SURGERY.**
3. **DO NOT WEAR LOTION ON THE DAY OF YOUR SURGERY.** Wear loose comfortable clothing with short sleeves. Please wear low-heeled shoes for your comfort and safety. Eye make-up should be kept to a minimum. We may need to you to remove nail polish on the fingernail if not clear or transparent. **FALSE EYELASHES AND CONTACT LENSES SHOULD NOT BE WORN TO YOUR APPOINTMENT.**
4. Oral hygiene is essential for proper healing. You may brush your teeth, and RINSE prior to surgery.
5. Drink an extra 2 quarts of non-alcoholic fluids the day before surgery to keep well hydrated.
6. MEDICATION WILL BE REFILLED DURING BUSINESS HOURS ONLY.
7. Your surgery balance must be paid on or before your surgery date.
8. If you have any questions, please feel free to contact our office at 903-455-1978.

REMINDER FOR DIABETIC PATIENTS

Due to the fasting requirements for IV anesthesia, this may cause your blood sugar levels to be low. You will receive a small amount of sugar in the IV solution we administer. We suggest that you schedule your surgery appointment in the morning AND hold your diabetic medications the day of the surgery. In addition, please bring all of your diabetic medications and your testing kit with you to the office.